
Information for Student Athletes

Athletics is an area of special talent that can make a difference in the college admissions and financial aid process. At colleges, athletics are regulated by the rules established by the **NCAA (National Collegiate Athletic Association)**. The recruitment and enrollment of college athletes are governed firmly by the NCAA's rules for each division. The following link should be viewed to give you detailed information on the rules and guidelines of the NCAA. You can also access the link from the counseling website.

www.eligibilitycenter.org

The NCAA divides all college sports programs into three divisions known as Division I, II, and III. To be eligible to participate at the Division I or II level, where full athletic scholarships are awarded, students must be certified as eligible by the **NCAA Initial-Eligibility Center**. The Eligibility Center website explains the academic standards and the process needed to be certified. Interested students need to complete the online registration form along with the requested fee. Students must have their transcript and SAT scores sent officially to the Eligibility Center. Use code # 9999 on the SAT and ACT registration for this purpose. Have the CCHS registrar send the transcript.

Students must also cross-check their high school courses with the NCAA's list of approved core courses for any/all high schools they have attended to make sure they have fulfilled the core course requirements. If they have questions about this process they are encouraged to see their guidance counselor.

The Counseling Department suggests that student-athletes do the following: - If considering Division I or II, register as soon as possible with the NCAA Eligibility Center. Also, send the CCHS transcript as soon as possible

- Inform their counselor that they are interested in competing in athletics at the college level. Counselors can outline the athletic recruiting process and what the role of the student athlete should be in that process, as well as assist them in making sure they've met the core course requirements.
- Inform their high school coach that they are interested in playing that sport in college. Ask the coach if he or she is available to college coaches.
- Prepare and email a short letter/email of introduction and an athletic resume to college coaches. Samples of each are available from counselors.
- Many coaches will request a video of the athlete participating in game situations. Students should begin compiling this during their junior year season.
- Browse the college athletic departments webpages.
- Become familiar with the NCAA rules regarding the recruitment of athletes.
- Visit the link above and the **NCAA** website to familiarize yourself with the pertinent information presented there.