

Classical Conditioning Examples

Identify the US, UR, CS, CR

Read the following scenarios. Try and identify which items are the conditioned or unconditioned stimuli or responses.

1. Fred has a fluffy down pillow with some of the down sticking out of the fabric. When he first tries out the pillow, a piece of down tickles his nose and he sneezes. This happens every time he goes to bed. Soon he sneezes every time he lays down on any kind of pillow.

US -
UR -

CS -
CR -

2. Every time you take a shower, someone in the house flushes the toilet causing the water to turn cold and you to become cold. Now every time you hear a toilet flush, you get cold.

US -
UR -

CS -
CR -

3. It is springtime and the pollen from the flowers causes you to sneeze. Soon you are sneezing every time you see a flower.

US -
UR -

CS -
CR -

4. People receiving chemotherapy often vomit during or shortly after the procedure. After several chemotherapy sessions, people begin feeling sick at the sight of the treatment room.

US -
UR -

CS -
CR -

5. Oftentimes physicians will give treatments that make people feel uncomfortable (a shot for example). After this happens several times, people will begin feeling uncomfortable at the sight of anyone in a white lab coat.

US -
UR -

CS -
CR -

6. Your significant other often yells at you and makes you feel bad. Pretty soon you can't stand the look of that person and end the relationship. You meet another person who looks like your ex. Although they seem nice, you find yourself feeling bad every time you are around them.

US -
UR -

CS -
CR -

7. The sight of food makes you hungry. Soon every time you go into the kitchen, you feel hungry.

US -
UR -

CS -
CR -

8. One of your friends drinks several martinis while eating pepperoni pizza. After becoming sick, she refuses to eat pepperoni pizza.

US -
UR -

CS -
CR -

9. You meet a new person who is an excellent cook. After a few superb meals you find yourself liking that person very much.

US -
UR -

CS -
CR -

10. Whenever you see a scary movie, you always eat a box of thin mints. Now you find that just seeing thin mints makes you feel scared.

US -
UR -

CS -
CR -

11. Your romantic partner always uses the same shampoo. Soon the smell of that shampoo makes you feel happy.

US -
UR -

CS -
CR -