

**5 Points      Participation, Attitude, Effort, Understanding of Activity**

- 5**      Excellent Participation (90-100% of class). Student is highly motivated and encourages others. He/She puts best effort forth at all times and listens & follows directions well. Demonstrates safety and good sportsmanship.
- 4**      Good Participation most of the class. The student is a motivated learner. He/She puts forth a good effort. Student usually demonstrates responsibility and reliability. Demonstrates safety and good sportsmanship.
- 3**      Fair participation, but could produce more effort. He/She needs encouragement to participate. Student demonstrates inconsistent effort and sometimes a negative attitude. Student is sometimes disruptive to class and overall safety.
- 2**      Poor participation (less than 50% of class time). Demonstrates apathy and often a negative attitude. Student's behavior may delay the class. Ignores rules and isn't concerned with safety and/or sportsmanship.
- 1**      Participation needs much improvement. He/She needs continual encouragement to participate. Student is often disruptive and creates unsafe and unsportsmanlike environment.
- 0**      Unacceptable participation due to no effort, lack of respect, and disregard for instruction. Or refused to participate.

**2.5 Points**      Appropriate clothing/footwear

**2.5 Points**      On time for class

**10 total points for each class**