

## Parenting Styles

1 ½ pages = B, 2 pages = B+, 2 ½ pages = A-, 3 pages = A

1. Which parenting style or styles best fits your parents? How so? What are some good examples or stories showing your parents' parenting styles in action? Feel free to recognize the possible complexity of this question – your parents might use a blend of styles, might have one they try to be but in moments of weakness might revert to a different style, might have used one style at one time in your life but switched to a different style later on, etc.
2. How has your parents' parenting style affected who you are, for better and/or for worse? Think of the activity where we matched parenting styles to personality traits in kids...
3. If you haven't already, talk to your parents about their parenting style. Which style do they think they embody? How does that compare and/or contrast with your own ideas? Perhaps you can also talk with them about their parents' parenting style and how that influenced their own style of parenting... Write about the conversation and what you learned and found interesting and important about it...
4. What do you think about the Tiger Mom approach? What is bad about this approach? What is good about this approach?
5. Do you secretly wish sometimes that you had a "Tiger Mom" or Dad (if you do not already)? Are there times that you wished your parents forced you to work harder, insisted on perfect (or at least very high) performance, forced you to focus on specific skills/activities/pursuits and not let you quit, etc.?
6. Where is the line between parental support/encouragement and intrusion?
7. To what extent do your parents truly want you to make your own choices in life? To what extent do your parents want to make choices for you? To what extent have you been given unconditional positive regard vs. conditional positive regard? How so? Examples? Perhaps explore not just obvious but also subtle things that they do or say...