Paper – Myers-Briggs / 1st Memory / Good Will Hunting

Same Parameters as previous papers: $1 \frac{1}{2}$ pages = 2 pages = B+ and so on... Double spaced size 12 font one inch margins...

- 1. What did you learn about your personality from taking the Myers-Briggs test and learning about these four sets of traits? How do the traits you possess play out in your every day behavior? What are some specific examples/stories here? How does knowledge of these traits and where you stand on them help you understand specific strengths and/or weaknesses that you possess? How do these traits help you to better understand your relationship with others, perhaps more specifically some of the conflicts that arise between you and others (family members, friends, etc.). Again, share some specific examples/stories that demonstrate this.
- 2. Going further with Myers-Briggs, do you believe that our school, or society as a whole, favors certain traits over others? How so? What do you believe are some of the consequences of this? For you? For all of us? Do you feel that you have been continually forced out of your "natural" personality? How so?
- 3. As you know, Alfred Adler believed that our first memories tell a lot about us. They reveal to us our subjective worldview, final life goals, and style of life (refer to handout). With this in mind, look back at the first memories you wrote about. What do one or several of these reveal about you? What themes contained within these memories have continued on throughout your life, for better and/or for worse? While the Adlerian concepts listed above will most likely be helpful to you, feel free to use other concepts and theories that you have learned in the course in helping you decode the meaning of your first memory.
- 4. Revisit <u>Good Will Hunting</u>. Do not simply rehash the discussion that we have had about the movie in class. Possible directions:
 - Do you have more to say about this movie that has yet to be said in our class discussions? About how the characters and the relationships in the movie demonstrate concepts that we have learned in this course?
 - Do you relate to Will Hunting? How does his story help you to understand your own story, in terms of friendship and relationships, and your path to self-actualization?