

## Final Paper – Senior Psychology

4 pages – typed double spaced size 12 font – Due Wednesday, May 25

### **You MUST complete this in order to pass the course...**

What concepts, ideas, theories, discussions had the most impact/influence on you?  
Which ideas best helped you to understand yourself and/or others?  
Which ideas most greatly challenged and/or changed the way you think about yourself and the world?

How have you changed as a result of your experience in this class?

Don't just run through all that we have done; be selective; pick a few things we have done and weave them together.

It can even be a question explored in class, a comment made by a peer, a tangent, something read aloud by me, article

**Another Option:** If you would rather respond to this assignment through some form of artistic expression, go for it! The artwork should express how this course influenced you and should be informed by specific concepts / ideas explored in the course. Your artwork needs to be accompanied by a 1-2 page paper explaining what you were trying to convey and explaining how your work connects with what you have learned in the class.

Recap of course:

1. Birth order, sibling rivalry, first memory, life circumstances, lifestyle- Adler
2. Critical inner voice: Superego, transference, repetition compulsion, self-sabotaging, and Freud
3. Parent style
  - a Permissive, Authoritarian, Authoritative, Uninvolved, Power patrol/perfectionist supervisor and Tiger mom
4. Maslow Hierarchy of needs, peak experience, self-actualization, conditional vs unconditional positive regard. *Happy* documentary. Internal goals (personal growth) vs External goals (materialism).
5. Myers-Briggs
  - your 4 letters
  - which do society favor?
6. Jungian psychology
  - individuation, shadow, anima, animus, androgyny theory
7. Gender differences
  - Bem's Theory of Androgyny
8. Pleasantville
  - The power of culture, community, and conformity (Black and white vs color).
  - Connection to Concord
9. Race to nowhere
  - Power of Privilege article
10. Erikson's Idea of Identity and its development from middle through high school (don't really want too much on cliques at CC as this is what social boundaries is all about)
  - Why you never leave high school