

Depression Homeworks

Homework #1

Read pgs. 643 (bottom) – 645, and 647 (bottom) – 652 and complete the following. Blue Box on 650-651 optional...

1. List the 5 major symptoms of depression.
2. Write down some basic info about depression:
 - a. Percent of women and percent of men who will suffer from depression.
 - b. Age of onset
 - c. Women vs. men in terms of seeking treatment.
3. In a sentence or two, what is the cycle of depression?
4. What are patterns you might be able to identify in someone who is at risk for suicide?
5. What is the connection between Bipolar disorder and creative pursuits?
6. What are the characteristics of a manic phase?

Homework #2

Read pgs. 645-647. NOTE: Very short answers for questions 1-4 are fine!

1. To what extent is there a genetic link to depression?
2. What neurotransmitters are involved with depression and mania?
3. What is cortisol, and how is this related to depression?
4. What part of the brain is less active in people who are depressed?
5. What is Sigmund Freud's theory of depression?
6. What is learned helplessness, and how was this demonstrated in an experiment with dogs?
7. How do people who are depressed see themselves, the world, and the future differently from the non-depressed person?